

Equity & Social Justice Resources for Additional Learning

(Links to articles, online trainings, podcasts, TedTalks, short videos, & web-based resources embedded into titles)

“We are our only hope for creating a future worth working for. We can’t go it alone, we can’t get there without each other, & we can’t create it without relying on our fundamental & precious human goodness.” Margaret Wheatley

Articles Specific to Child Welfare, Education &/or Race:

- **“Bias Isn’t Just a Police Problem, It’s a Preschool Problem”** from NPRED
- **“Educator: Time to Unpack Your Invisible Knapsack of Privileges”** from The Seattle Times
- **“Former Seattle Foster Child Reflects on End of Youth Jail: ‘This Brings Me to Tears’”** from KUOW
- **“How Racism is Hurting Our Nation’s Foster Children”** from the HuffPost
- **“It’s Never too Early to Talk with Children About Race”** from Yale News
- **“Let Her Learn: Stopping School Pushout for Girls in Foster Care”**: An overview of research looking at educational experiences & outcomes for girls in foster care from the National Women’s Law Center.
- **“Report to the Legislature: Racial Disproportionality and Disparity in Washington State”**: 2016 report with data addressing progress & recommendations to continue efforts to reduce racial disproportionality from DCYF (formerly DSHS).
- **“The Invisible Achievement Gap: Education Outcomes of Students in Foster Care in California Public Schools”**: 2013 California study providing research findings from data gathered regarding the educational experiences of children & youth in foster care.

- “The Lasting Impact of Mispronouncing Students’ Names” from the National Education Association

Books Discussed in CASA ESJ Book Group:

- **A Hope in the Unseen- An American Odyssey from the Inner City to the Ivy League** by Ron Suskind
- **All Alone in the World: Children of the Incarcerated** by Nell Bernstein
- **Becoming Nicole, The Transformation of an American Family** by Amy Ellis McNutt
- **Born a Crime** by Trevor Noah
- **Caste: The Origins of Our Discontents** by Isabel Wilkerson
- **Catching Homelessness: A Nurse’s Story of Falling Through the Safety Net** by Josephine Ensign
- **Evicted: Poverty and Profit in the American City** by Matthew Desmond
- **Hillbilly Elegy** by J.D. Vance
- **Just Mercy** by Bryan Stevenson
- **Nickel and Dimed** by Barbara Ehrenreich
- **Me and White Supremacy: Combat Racism, Change the World & Become a Good Ancestor** by Layla F. Saad
- **Rise Up! Life and Literacy in an Urban First Grade** by Linda Katz
- **The New Jim Crow: Mass Incarceration in the Age of Colorblindness** by Michelle Alexander
- **The Other Wes Moore-One Name, Two Fates** by Wes Moore
- **The Spirit Catches You and You Fall Down: A Hmong Child, Her American Doctors, and the Collision of Two Cultures** by Anne Fadiman
- **The Underground Railroad** by Colson Whitehead
- **There are No Children Here** by Alex Kotlowitz
- **Three Little Words - A Memoir** by Ashley Rhoades-Courter
- **When the Emperor Was Divine** by Julie Otsuka
- **White Fragility- Why It’s So Hard for White People to Talk About Race** by Robin DiAngelo

Other Recommended Books:

- **Becoming Miss Burton: From Prison to Recovery to Leading the Fight for Incarcerated Women** by Susan Burton & Cari Lynn
- **Between the World and Me** by Ta-Nehisi Coates
- **Blindspot: Hidden Biases of Good People** by Mahzarin R. Banjai & Anthony Greenwald
- **Enduring Conviction: Fred Koramatsu and His Quest for Justice** by Lorraine Bannai
- **Eloquent Rage: A Black Feminist Discovers Her Superpower** by Brittney Cooper
- **Empire of the Summer Moon: Quanah Parker and the Rise and Fall of the Comanches, the Most Powerful Indian Tribe in American History** by S.C. Gwynne
- **Everything I Never Told You** by Celeste Ng
- **How to be an Antiracist** by Ibram X. Kendi
- **I'm Still Here: Black Dignity in a World Made for Whiteness** by Austin Channing Brown
- **The Nickel Boys** by Colson Whitehead
- **Life on the Color Line: The True Story of a White Boy Who Discovered He Was Black** by Gregory Howard Williams
- **Night** by Elie Wiesel
- **On The Other Side of Freedom** by DeRay McKesson
- **Pushout: The Criminalization of Black Girls in Schools** by Monique Morris
- **Seattle in Black and White: The Congress of Racial Equality and the Fight for Equal Opportunity** by Joan Singler et al.
- **So You Want to Talk About Race** by Ijeoma Oluo
- **Some of My Best Friends Are Black: The Strange Story of Integration in America** by Tanner Colby
- **Stamped from the Beginning: The Definitive History of Racist Ideas in America** by Ibram X. Kendi
- **The Short and Tragic Life of Robert Peace: A Brilliant Young Man Who Left Newark for the Ivy League** by Jeff Hobbs

- **The Wanderer: The Last American Slave Ship and the Conspiracy that Set its Sails** by Erik Calonius
- **The Warmth of Other Suns: The Epic Story of America's Great Migration** by Isabel Wilkerson
- **Trail of Tears: The Rise and Fall of the Cherokee Nation** by John Ehle
- **War Dances** by Sherman Alexie
- **What Does it Mean to be White? Developing White Racial Literacy** by Robin DiAngelo
- **When They Call You a Terrorist: A Black Lives Matter Memoir** by Patrisse Khan-Cullors & Asha Bandele
- **Whistling Vivaldi: How Stereotypes Affect Us and What We Can Do** by Claude Steele
- **Why Are all the Black Kids Sitting Together in the Cafeteria? And Other Conversations About Race** by Beverly Daniel Tatum

Films:

- **13th** (available on Netflix)
- **American Son** (available on Netflix)
- **Crip Camp: A Disability Revolution** (available on Netflix)
- **Just Mercy** (available to rent from Amazon Prime Video & Vudu)
- **Little Fires Everywhere** (available on Hulu & to rent from Amazon Prime Video)
- **Moonlight** (available on Netflix)
- **Paper Tigers** (available to rent from Amazon Prime Video & Vudu)
- **The Florida Project** (available on Netflix)
- **When They See Us** (available on Netflix)

Online Trainings & Lectures:

- **“A Data Driven Approach to Improving Outcomes for Black Girls in Child Welfare”:**
2017 webinar from the National Child Welfare Workforce Institute that reviews data collected from Pennsylvania & strategies enacted to yield improved outcomes for Black girls in foster care; approx. 85 minutes.

- **“Deconstructing White Privilege”:**
Video with Dr. Robin DiAngelo; approx. 20 minutes.
- **Implicit Bias 101: Exploring Implicit Bias in Child Welfare:**
4 online modules developed by the Center for the Study of Social Policy; approx. 45 minutes.
- **“Sustaining Racial Equity Improvements in Child Welfare”:**
2017 webinar from the National Child Welfare Workforce Institute that reviews efforts by Minnesota state agency to implement & sustain efforts to reduce racial disparities in their child welfare system; approx. 60 minutes.
- **“The Danger of a Single Story”:**
TedTalk by Chimamanda Ngozi Adichie; approx. 20 minutes.
- **“The Future of Race in America”:**
TedTalk by Michelle Alexander; approx. 25 minutes.
- **“The Urgency of Intersectionality”:**
TedTalk by Kimberlé Crenshaw; approx. 20 minutes.
- **“We Need to Talk About an Injustice”:**
TedTalk by Bryan Stevenson; approx. 24 minutes

Podcasts & Short Videos:

- **“Code Switch”** NPR Podcast
- **“Cultural Identity & Situational Factors”** Video
- **“Cultural Openness”** Video
- **“Good Father”** Video
- **“How Microaggressions are Like Mosquito Bites”** Video
- **“Tunnel Vision”** Hidden Brain Podcast
- **NY Times Video Series on Race, Bias & Identity**
- **“Why Do We Call Asian Americans the Model Minority”** Video

Web Based Resources:

- **The 1619 Project:**
An edition of New York Times Magazine containing a collection of essays observing the 400th anniversary of the arrival of the first ship with enslaved Africans in America in 1619. Explores how the legacy of slavery has & continues to influence our society.
- **Actions for Solidarity: #BlackTransLivesMatter:**

A living resource list with resources to assist with learning & actions.

- **Anti-Racism Daily:**
A daily newsletter that explores the intersection of race with issues such as media coverage, healthcare, the legal system, gentrification etc. Each newsletter contains educational context regarding the issue of focus along with concrete actions that can be taken.
- **An Antiracist Reading List:**
Curated reading list from Dr. Ibram X. Kendi.
- **Cultures Connecting:**
A local organization that offers consulting, professional development workshops, coaching, & one-on-one diversity leadership support to organizations entering into conversations about race, culture, & social justice. Their agency & website has great resources including [useful links, resources for educators & related articles](#).
- **Densho:**
A local organization whose work details the history of the World War II era incarceration of Japanese Americans. Includes online educational resources as well oral history interviews, photo & newspaper archives.
- **Equal Justice Initiative:**
Organization founded by Bryan Stevenson dedicated to challenging racial & economic injustice in American society.
- **The Great Unlearn:**
A self-priced & self-paced learning platform amplifying the work of Black, Indigenous & People of Color (BIPOC).
- **Implicit Bias Toolkit:**
Educational tool to help individuals measure their underlying attitudes & beliefs about different topics, experiences & people.
- **Justice in June:**
Website created by Autumn Gupta & Bryanna Wallace after their Google doc with various anti-racist resources was widely circulated following the murder of George Floyd. This resource provides various items to read, watch & listen to based on how much time a day you're able to commit.
- **King County Equity & Social Justice:**
King County's [website](#) with tools & resources including [demographic maps](#), [implicit bias toolkit](#) & much more.
- **"Racial Disproportionality and Disparity in Child Welfare":**
An overview of the research regarding racial disproportionality in the child welfare system from the Federal Child Welfare Information Gateway.
- **Robin DiAngelo, PhD:**

A local consultant & trainer for over 20 years on issues of racial & social justice in the Seattle area. She has written several books, including "What Does it Mean to be White" & "Is Everyone Really Equal?" Her website is a great [source of information](#) including an [Anti-Racist Checklist for Whites](#); "18 Things White People Should Know/Do Before Discussing Racism"; [Recommended Reading for Children & Youth](#), [Raising Race Conscious Children](#), & much more.

- **Scaffolded Anti-Racist Resource List:**

A living Google doc that details various resources & actions for people depending on where they are in their anti-racism journey.

- **School Library Journal (SLJ) Diversity and Cultural Literacy Syllabus:**

Syllabus from a diversity course offered by SLJ with links to various resources that further explore topics related to cultural competency.

- **Speak Up!**

Collection of resources providing guidance regarding how to address & confront bigotry in everyday interactions from Teaching Tolerance.

- **Southern Poverty Law Center:**

Organization in Montgomery, Alabama dedicated to fighting injustice, hatred & bigotry.

- **Teaching Tolerance:**

Website specifically aimed towards educators with links to resources & publications pertaining to equity & social justice.

- **"White Privilege: Unpacking the Invisible Knapsack" by Peggy McIntosh:**

Article identifying how white privilege manifests itself, often in ways we don't even have to think about & is a really good starting point.